

Established in 1973, Whitman-Walker Clinic is a community-based organization with hundreds of volunteers who provide millions of dollars' worth of services annually. With compassion and dedication, the staff and volunteers provide vital primary medical care and social support services to the thousands of clients who turn to the clinic each year.

WHITMAN-WALKER CLINIC OF NORTHERN VIRGINIA 5232 Lee Highway, Arlington, VA 703.237.4900

Monday – Tuesday, Friday | 8:00 am – 5:00 pm Wednesday – Thursday | 8:00 am – 8:00 pm

SUBURBAN MARYLAND AIDS REDUCTION TEAM (S.M.A.R.T.)

Holy Redeemer Metropolitan Community Church 4907 Niagara Rd., Suite 102, College Park, MD 240.491.6021

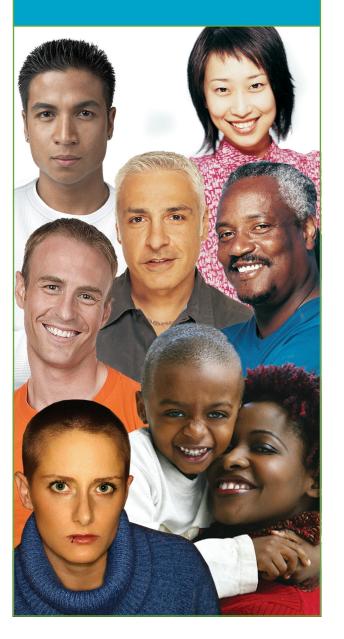
Wednesday | 10:00 am - 6:00 pm

IF YOU ARE A NEW CLIENT AND WOULD LIKE TO SCHEDULE AN APPOINTMENT FOR SERVICES, PLEASE CALL 202.939.7690

Important Numbers

Main Switchboard	202.797.3500
Behavioral Health &	
Social Services	202.939.7623
FoodBank	202.797.3574
Gay Men's Health & Wellness	202.745.6112
Elizabeth Taylor Medical Center	202.745.7000
Legal Services Program	202.939.7627
Lesbian Services Program	202.797.3580
Max Robinson Center	202.678.8877
S.M.A.R.T.	240.491.6021
WWC of Northern Virginia	703.237.4900

DIRECTORY OF SERVICES



www.wwc.org



about Whitman-Walker Clinic

Whitman-Walker Clinic provides health care services to anyone in the community, regardless of sexual orientation, gender identity or HIV status.

Our specialty is compassionate medical care and supportive services for the gay, lesbian, bisexual and transgender communities and those living with or affected by HIV/AIDS.

ELIZABETH TAYLOR MEDICAL CENTER 1701 14th Street, NW, Washington, DC 202.745.7000

Monday – Thursday | 8:00 am – 8:00 pm Friday | 8:00 am – 5:00 pm

MAX ROBINSON CENTER 2301 M. L. King Jr. Ave., SE, Washington, DC 202.678.8877

Monday – Tuesday | 8:00 am – 8:00 pm Wednesday – Friday | 8:00 am – 5:00 pm

www.wwc.org

Services

If you are a new client and would like to schedule an appointment for services, please call 202.939.7690.

PRIMARY MEDICAL CARE

Primary medical care is available at all of our facilities and includes regular checkups; urgent care for illness; internal medicine; prenatal, postpartum and neonatal care; pediatric care; and gynecological services.

Whitman-Walker Clinic offers primary care that addresses the unique health care needs of the LGBT community and those living with HIV/AIDS. Our providers are specialists in the treatment of these communities and offer competent and compassionate care.

Whitman-Walker Clinic offers a number of additional medical services, including **dental care**, a licensed clinical laboratory, and a pharmacy.

HIV/AIDS CARE

We provide confidential **HIV testing** using a rapid HIV test that provides results in about 20 minutes. Testing is available at all Whitman-Walker Clinic sites. Whitman-Walker Clinic also operates two outreach testing vans that enable communities most at risk to access care in a convenient, safe and confidential manner close to home. Visit the Whitman-Walker Clinic website at www.wwc.org for testing hours.

HIV viral load testing is also available on request. This test uses a blood sample to look for the HIV virus, not antibodies. Since the body takes three to six months to develop antibodies, this test can detect HIV within days of infection.

We offer **specialty medical care for HIV**,

including regular check ups, screenings, medical counseling and access to at-cost medications.



Our **Clinical Investigations** unit offers clients access to new HIV medications and treatments under development for possible future use.

LGBT HEALTH

The Gay Men's Health and Wellness Clinic offers confidential diagnosis and treatment of sexually transmitted diseases. Rapid HIV and syphilis testing is provided. Chlamydia and gonorrhea infections can be diagnosed in the mouth, penis or anus, regardless of the presence or severity of symptoms. Vaccinations for hepatitis A and B are also available.

The **Lesbian Services Program** provides a wide range of health care and supportive services for lesbians, bisexual women, gender queer individuals and transgender people, including behavioral health care, health education, and Choosing Children to help lesbians and gay men become parents.

The Lesbian Services Program also offers the **Breast** Health Initiative, which provides breast cancer screenings and referrals for mammograms for lesbians, bisexual women and transgender people.

Transgender health services include physical examinations (including trans-affirmative gynecological, chest/breast, and testicular exams), STD screening, cancer screening, hormone therapy, routine laboratory testing/ monitoring, and preventive health care (chest/ breast and testicular self-exam instruction, immunizations, and anticipatory guidance).

Peer support services provide individual counseling and support groups facilitated by trained and supervised peer counselors to address issues related to coming out, relationships, health and wellness, aging and other common life issues.

SPECIALTY CARE

Whitman-Walker Clinic also offers midwife **services**; consultations with our **nutritionist**; and referrals for outside services including cardiology, oncology and radiology.

BEHAVIORAL HEALTH

The **behavioral health care** programs of Whitman-Walker Clinic promote the mental health of our community through a variety of professional services. These include group and individual counseling, crisis intervention, addiction treatment and counseling, psychiatric assessment and other psychosocial support.

Our Day Treatment Centers for Health and

Living help people living with HIV/AIDS to build a support network and develop the skills to direct their own lives. The Austin Center for Health and Living in Northwest Washington and the Max Robinson Center for Health and Living in Anacostia enhance the quality of our clients' lives through mental health and psychosocial therapies and medical care, all in safe, comfortable settings.

Whitman-Walker Clinic operates **Bridge Back**, a residential treatment program in Northwest Washington for individuals dealing with emotional challenges, substance abuse issues and HIV/AIDS.

SUPPORT SERVICES

Case management is available to help people living with HIV/AIDS, their partners, family and friends access the Clinic's services and other community referrals. Experienced social workers and specially trained volunteers work closely with our clients to develop individual care plans to maximize their use of the Clinic's resources. Case managers help clients access social services, including Medicaid and Medicare or other insurance plans.

Nutrition is a vital part of treating HIV disease, helping anti-HIV medications work more effectively and strengthening the body against related illnesses. Whitman-Walker Clinic's **FoodBank** is available to clients who are HIV-positive and meet eligibility requirements. Our FoodBank distributes more than 2,500 bags of groceries per year.

HEALTH PROMOTION & DISEASE PREVENTION

Health promotion and disease prevention play a crucial part in helping the community understand how to develop healthy relationships and practice healthy sexual behavior. Our staff conducts HIV/ AIDS training programs for other providers and promotes safer sex in at-risk communities.

LEGAL SERVICES

Whitman-Walker Clinic's Legal Services **Program** provides pro bono assistance on civil legal matters with full-time staff attorneys and volunteer pro-bono attorneys from numerous local law firms. Legal advice and representation are available to any resident of the Washington metropolitan area living with HIV/AIDS and to HIV-negative clients of other Whitman-Walker programs. Help is available for HIV, sexual orientation and transgender discrimination; public benefits; wills and advance health care directives; immigration; health, disability and life insurance; medical privacy; and debtors' rights.